

Pillow selection

					
Matrix Pillow	Recovery Plus Pillow	Tube Pillow	Neck Roll	Swiss Pine Pillow	Synthetic Pillow
Size: 50cm x 30cm	Size: 60cm x 40cm	Size: 65cm x 30 cm	Size: 40cm x 15cm	Size: 55cm x 35cm	Size: 70cm x 50cm
Material: foam	Material: memory foam	Material: foam	Material: millet husks	Material: pine wood shavings	Material: air-cell fibre
Effect: The Matrix Pillow supports the head and neck ergonomically. Its wave-shaped design promotes natural spinal alignment and helps maintaining a relaxed sleeping position. It reduces pressure points in the neck and shoulder area for greater comfort.	Effect: The height-adjustable (6–13 cm) Recovery Plus Pillow by Blackroll adapts to individual preferences and needs. Its ergonomically shaped neck and head recess supports a healthy sleeping position and the natural alignment of the spine.	Effect: Thanks to its firm foam core, the Tube Pillow provides stable support for the spine. It's even pressure distribution that promotes a natural sleeping position and helps maintain healthy body alignment while you sleep. This reduces strain on the neck and shoulders.	Effect: The Neck Roll supports the neck and relieves muscle tension. This encourages a healthy sleeping position. Side and back sleepers in particular benefit from its stabilising support, which helps to ensure that they are supported evenly and comfortably.	Effect: Filled with natural pine wood shavings, the Swiss Pine Pillow releases a pleasant, calming fragrance. This creates a soothing sleep environment that promotes relaxation and helps you fall asleep more easily.	Effect: The Synthetic Pillow provides a comfortable sleeping position. Its filling is especially suitable for allergy sufferers and contributes to restful nights and deep sleep. The head and neck are gently supported for enhanced sleeping comfort.